



Whole School

See Me See Change – SHOUT

See me see change is an approach to tackling mental health stigma and discrimination in schools. Over the next few terms, we will share a variety of resources and direct you to links to support you with your mental health and wellbeing. The purpose of this is to aid open conversations about mental health in our school community.

This week's resource is **School Nursing Hub**

You can call the school nursing health hub on 07312263023 for confidential health and wellbeing advice.

Whole school clubs / activities

Young Carers/friends of Young Carers: Mrs McManus will be offering a lunch club on Monday (in RM051) for any pupil who is a Young Carer, or the friend of a Young Carer, and would like to attend. If pupils can bring their own lunch, Mrs McManus will provide a hot drink and a snack. This is to provide a space for discussion and friendship.

Chess Club: Chess Club now takes place on Monday, at lunchtime, in F013. All welcome.

Eco Group: The Eco Group is still running and looking for new/previous enthusiastic group members. We still have a lot planned for this session: heading to the Botanic Gardens to help them carry out a biodiversity study, growing some herbs in the grow box within school, tree planting and much more! Come along and join us in F006 with Miss Ward every Thursday lunch time.

S1/2/3

Assemblies This Week:

S3 – Registration Tuesday 28th – Postponed due to proposed industrial action

S2 – Registration Thursday 2nd

S1 – Registration Friday 3rd

S1-S3 Clubs/Support

Sewing Club: Sewing club will resume on the 8th of March

Junior Choir S1-3: Rehearsals take place every Monday at 1.20pm. Please come along to F035 to try it. Any questions please see Mrs Miller.

Drama club: S1-S3 Drama club will be on every Monday at 1.15 in the studio F054. All welcome.

S4/5/6

Assemblies This Week:

S4 – Registration Monday 27th

S6 – Registration Wednesday 1st – Postponed due to proposed industrial action

S4-S6 Clubs/ Study Support

S4-6 Study Support Business Education: come along to study support for help with homework and assessment preparation in Accounting, Admin and IT and Business Management courses. Monday from 2.50-3.50 pm in S004. Sessions will not run when staff meetings are scheduled - check with your class teacher whenever you wish to attend.

S4-6 Study Support Home Economics Department: Mrs McManus will be available after school, on Monday, for any senior pupils who would like to do Health and Food Technology and Practical Cake Craft assignments and / or completion of course work.

S4-5 Art and Design Portfolios

Ms Cardle will be available in S016 Monday, after school, to support N5 and Higher pupils who want to catch up with work on their portfolios.

Full study support timetable can be found on our website <https://www.madras.fife.sch.uk/Study-Support/>